



EnKA Certified Practitioner Application Form

Dear EnKA Applicant,

Thank you for your inquiry regarding Certification Membership Status. We are so happy to assist you on this life-enhancing voyage. This important certification process has been implemented to set professional standards in our industry as well as offering a guide to new and existing energy kinesiologists who want a solid, well-rounded education. Having this standard lends credibility to members who pursue work opportunities in the field of health and wellness. First read through everything carefully, make copies of all your course certificates, download a copy of the Approved Course List, fill out your application form, and finally send it all in to us to be reviewed. When you meet the requirements, we will be happy to send you the certificate of your new status as a Certified Energy Kinesiology Practitioner (CEnKP) Member of EnKA. You will find the Certified Energy Kinesiology Practitioner Application Form (CEnKP-AF) following.

Please read and complete all forms carefully as incomplete information slows down the processing of your application. Also you must attach photocopies of your certificates as confirmation of training. When returning your application, please also include the appropriate application fee of:

Certified Energy Kinesiology Practitioner Level 1	\$ 50.00
Certified Energy Kinesiology Practitioner Level 2	\$100.00
Certified Energy Kinesiology Practitioner Level 3	\$150.00

This fee is non refundable and covers the administrative costs involved in processing your application. Make your check to the EnKA or for payment by credit card provide the details on page 8 of this document.

The CEnKP-AB (Certified Energy Kinesiology Practitioner Application Board) can only process applications received on the application form from our website, www.energyk.org, or you may send a request to the address below. We request that you completely read all of this information, keep it on hand, and be very familiar with it before completing your application form.

Please appreciate the CEnKP-AB is run on a purely voluntary basis and that to process each application professionally takes a considerable amount of time. Your application will be returned to you if any of the required information has not been completed. The EnKA will, however, forward a confirmation of the receipt of your application by email shortly after receiving it.

This document contains the requirements for Certified Energy Kinesiology Practitioner Level 1, Level 2 and Level 3 so that all members may understand the current practitioner certification requirements and process. You will notice there are 2 main parts, the information section followed by the actual application forms. The courses and hours you have completed for Certified Energy Kinesiology Practitioner Level 1 will contribute to the hour requirements for Certified Energy Kinesiology Practitioner Level 2, and the same holds true for Level 3. These hour requirements are thus cumulative.

The EnKACAB list of the current fully accredited courses can be found on our website. These courses are compliant with the new requirements and are done in the streams / modalities of the Kinesiologies themselves. The list also includes the number of hours and the category (A, B, C) of each course. You will want to print out the Accredited Course List. Use it to verify your hours before submitting your application. To check for newly accredited courses, please visit "www.energyk.org." from time to time.

The EnKA is happy to offer our members this opportunity to enhance their professional status. We hope many of you will choose to take advantage of this. When your application is completed, send it and all documentation to the CEnKP-AB, 631 Cherry Avenue, Sonoma, CA 95476, USA. See the payment form at the end of this document for other required information.

Yours sincerely,

Marge Bowen
President of the EnKA



EnKA Certified Practitioner Application Form

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List of Common Abbreviations

- EnK = Energy Kinesiology
- EnKA = Energy Kinesiology Association
- EnKACAB = Energy Kinesiology Association Course Accreditation Board
- CEnKP = Certified Energy Kinesiology Practitioner
- CEnKP-AF = Certified Energy Kinesiology Practitioner Application Form
- CEnKP-AB = Certified Energy Kinesiology Practitioner Application Board



EnKA Certified Practitioner Application Form (Information)

Application Requirements Overview

Level 1

COURSE CREDIT/HOUR REQUIREMENTS

Category A Courses	100 hours Minimum
Category B Courses	75 hours minimum in accredited Streams beyond the 100 hours taken in Category A <u>75 hours</u> of other Category A, B or C courses, repeats or conference attendance.
	250 hours total of Energy Kinesiology content.

In addition to Energy Kinesiology hours, training in the areas below need to be satisfied to complete Certified Energy Kinesiologist Level 1

8 hours Ethics
A Current "First Aid" or CPR – Emergency/Adult Certification is required

Certified Energy Kinesiology Practitioner Level 1 provides a foundation in the Basic Principles of Energy Kinesiology and can begin the specialization in a preferred Energy Kinesiology stream. Courses done at each level are cumulative and contribute to higher levels. Note: Streams are modalities that have at least a Category A course followed by a Category B course.

Level 2

COURSE CREDIT/HOUR REQUIREMENTS

Category A Courses	100 hours Minimum
Category B Courses	200 hours minimum in accredited Streams beyond the 100 hours taken in Category A <u>200 hours</u> of other Category A, B or C courses, repeats or conference attendance.
	500 hours total of Energy Kinesiology content.

In addition to Energy Kinesiology hours, training in the areas below need to be satisfied to complete Certified Energy Kinesiologist Level 2

Anatomy & Physiology	100 hrs of EnKACAB approved courses.
Nutrition	40 hrs of EnKACAB approved courses.
Communication/Interaction	40 hrs of EnKACAB approved courses.
Business Management	40 hrs of EnKACAB approved courses.
Ethics	<u>16 hrs</u> of EnKACAB approved courses
	736 total hours of relevant training.

A Current "First Aid" & CPR – Emergency/Adult Certification is a compulsory requirement by EnKA as a minimum standard.

Level 3

COURSE CREDIT/HOUR REQUIREMENTS

Category A Courses	100 hours Minimum
Category B Courses	300 hours minimum in accredited Streams beyond the 100 hours taken in Category A <u>600 hours</u> of other Category A, B or C courses, repeats or conference attendance.
	1000 hours total of Energy Kinesiology content.

In addition to Energy Kinesiology hours, training in the areas below need to be satisfied to complete Certified Energy Kinesiologist Level 3

Anatomy & Physiology	150 hrs of EnKACAB approved courses.
Nutrition	40 hrs of EnKACAB approved courses.
Communication/Interaction	40 hrs of EnKACAB approved courses.
Business Management	40 hrs of EnKACAB approved courses.
Ethics	<u>20 hrs</u> of EnKACAB approved courses
	1290 total hours of relevant training.

A Current "First Aid" & CPR – Emergency/Adult Certification is a compulsory requirement by EnKA as a minimum standard.

Note: Non-assessable energy kinesiology hours may include*:

*EnKA approved and verified conference attendances (Maximums: Level 1, 25 hrs; Level 2, 50 hrs; Level 3, 100 hrs)

*Repeats of accredited courses (per May, 2006). (Maximums: Level 1, 50 hrs; Level 2, 100 hrs; Level 3, 200 hrs)

*Courses undertaken before May 2006.



EnKA Certified Practitioner Application Form *(Information)*

Overview Continued

REQUIRED NON-ENERGY KINESIOLOGY COURSES - (pages 6-7)

The EnKACAB will approve any Anatomy & Physiology, Nutrition, Communication/Interaction or Business Management course that has been accredited by any State in the United States or any tertiary establishment that has government approval, provided the applicant provides:

1. Name of establishment, proof of accreditation and with whom.
2. Presentation of successful competency-assessed Certificate or document signed by an executive of the establishment stating approval.
3. Ethics Courses must be EnKA approved for this profession.

FIRST AID and CPR

Emergency/Adult Certification can be done through any recognized establishment, e.g. American Heart Association (is preferred) or Red Cross. Once completed, the qualification lasts 2-3 years and needs to be kept current.

OPTIONAL COURSE REPEATS - (page 7)

A course can only be counted as a repeat once, regardless of how many times you may have completed it.

Optional Course Repeat **Maximum Hours you may count are:**

Level 1 -50 hours maximum, Level 2 maximum of 100 hours, Level 3 maximum of 200 hours.

OPTIONAL ENERGY KINESIOLOGY CONFERENCES - (page 7)

Only EnKA delivered or recognized approved Energy Kinesiology conference hours can be claimed toward Certified registration.

Up to 8 hours for a full day or 4 hours per half day/evening can be claimed.

We require copies of conference receipts/certificates outlining attendance to allow claim.

Level 1 maximum of 25 hours, Level 2 maximum of 50 hours, Level 3 maximum of 100 hours.

GRACE PERIOD (for Non-Currently-Accredited EnK COURSES):

May, 2006 – April, 2007: 25% of Energy Kinesiology Hours must come from EnKA Accredited Course.

May, 2007 – April, 2008: 40% of Energy Kinesiology Hours must come from EnKA Accredited Course.

May, 2008 – April, 2009: 55% of Energy Kinesiology Hours must come from EnKA Accredited Course.

May, 2009 – April, 2010: 75% of Energy Kinesiology Hours must come from EnKA Accredited Course.

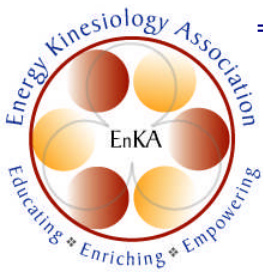
May, 2010 – April, 2011: 90% of Energy Kinesiology Hours must come from EnKA Accredited Course.

May, 2011 – and beyond: 100% of Energy Kinesiology Hours must come from EnKA Accredited Courses ONLY.

This "Grace Period" for non-accredited hours applies to energy kinesiology courses only and only during the time period given. This allows the North American course authors some time to bring their curriculum up to our standards and become fully accredited, thus expanding our accepted US energy kinesiology course list. Notice that the number of non-accredited hours that you may apply decreases each year while the number of hours required from accredited courses on your application increases each year. After the sixth year, all energy kinesiology hours used on your application must come from fully accredited courses.

Summary

<i>Certified Energy Kinesiology Practitioner Level 1</i> (provides a foundation) in the basic principles of Kinesiology and demonstrates the beginning of specialization in a preferred Kinesiology stream.)	250 kinesiology hours + 8 hours Ethics + First Aid Certification
<i>Certified Energy Kinesiology Practitioner Level 2</i> (includes Kinesiology, Anatomy & Physiology, Nutrition, Communication Interaction skills, Business Management and First Aid.)	500 kinesiology hours + 236 hours non- kinesiology hours + First Aid Cert.
<i>Certified Energy Kinesiology Practitioner Level 3</i> (includes Kinesiology, Anatomy & Physiology, Nutrition, Communication Interaction skills, Business Management and First Aid.)	1000 kinesiology hours + 290 hours non-kinesiology hrs + First Aid Cert.



EnKA Certified Practitioner Application Form (Information)

Pre-Application Questionnaire

Before you begin the application process for CEnKP, ask yourself:

Yes

- Am I a Professional Member of EnKA? Having a current **Professional Membership** with EnKA is a **requirement** for certification application. If you wish to apply for Professional Membership in conjunction with certification application, please check that box on your application form (page 8) and include the \$100 Professional Membership dues with your application payment.
- Do I realize that once certified, if I allow my membership with EnKA to lapse at any time, I will also lose my new CEnKP professional certification? I must then re-apply and pay the fees to be re-certified. CEnKP Membership Dues are: Level 1, \$125; Level 2, \$150; Level 3, \$175 annually.
- Do I realize that my CEnKP status and certificate are good for one year only? I will receive a new CEnKP certificate each time I renew my membership. My initial certificate will only be good from the time I am approved CEnKP until I renew my membership on my membership anniversary. That is less than a year, possibly only a month or two!
- Do I understand that these application fees are one time only and non-refundable at each level, whereas, my Membership Dues are to be paid annually?
- Do I have photocopies of all my certificates handy for this process of application?
- Do I have the list of the currently accredited A, B, C courses? www.energyk.org
- Am I aware that some of my kinesiology hours may apply to other requirements as well? Example: Some Anatomy and Physiology hours may come from Applied Physiology, LEAP, etc. This information can be found on www.energyk.org
- Do I understand the "Grace Period" (pg 2) and how that benefits me now?
- Do I understand that all hours claimed toward accreditation must be accompanied by an attached photocopy for proof of that claim or I may check the box on page 9 of this document and explain what is missing and give reasons for asking for consideration. Example: I have been in business for 15 years already and no longer can find documentation of the business courses that I took in 1990. (Show proof of current business.)
- Do I understand that the total requirements for application of Levels 2 & 3 includes all previous Levels' requirements? These are cumulative. Example: Level 1 requires 250 hours of EnK courses. Level 2 requires 500 hours of EnK courses. If I have already been certified at Level 1 and am now applying for Level 2, I would only need 250 more hours to meet the 500 hour requirement for Level 2.
- Do I realize that I must submit 50 additional hours of EnK Continuing Ed every two years to keep my CEnKP certificate?
- Do I understand that some of the benefits of being certified as an energy kinesiologist may be the possibility of working in clinics, hospitals, and having the ability to bill insurance companies for the services I render?
- Do I realize CEnKP Level 3 is available provisionally, and I will need to complete an approved Ethics class to obtain full level 3 certification?
- Do I realize that becoming professionally certified is a benefit to me and absolutely is NOT a requirement of my EnKA Membership?

When all questions can be checked "YES", it is time to proceed with your application form.



EnKA Certified EnK Practitioner Application Form

Level 1 Application

Name: _____ Date: _____

Please provide your documentation in the same order as you have listed below.

List all Category A	Level 1: 100 hours minimum.					
Course	Instructor	Location	Mo/yr	Non-Credit Hours	Accredited Hours	Office Use
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____

Total of Category A Energy Kinesiology training hours, **100 hours minimum** _____

List all Category B	Level 1: 75 hours minimum. 75 hours minimum is required in Course in streams beyond the 100 hours claimed above in Category A courses.					
Course	Instructor	Location	Mo/yr	Non-Credit Hours	Accredited Hours	Office Use
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____

Total of Category B Energy Kinesiology training hours, **75 hours minimum** _____

List all Category C Courses						
Course	Instructor	Location	Mo/yr	Non-Credit Hours	Accredited Hours	Office Use
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____

Total of Category C Energy Kinesiology course hours, _____

Total Category A,B,C Non-Credit Hrs _____ Total Category A,B,C Credit Hrs _____

Overall Total of first time kinesiology course hours, All Category A, B and C, **250 hrs minimum** _____

Ethics I Class: 8 hrs Where _____ When _____ Copy of First Aid or CPR Certificate _____

Repeat Course hours (50 hrs Max) _____ -(List separately)- Optional EnK Conf hrs (25 Max) _____



EnKA Certified EnK Practitioner Application Form

Level 2 & 3 Application Continued

List all Category C

Course	Instructor	Location	Mo/yr	Non-Credit Hours	Accredited Hours	Office Use
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____

Previous Level 1 Category C Total Hrs _____, Category C Non-Credit Hrs _____, Category C Accredited Hours _____
Total Category C Hrs _____
Total All Category (A, B, C): Non-Credit Hrs _____, **Accredited Hrs** _____, **Total All EnK Hours** _____

Required Non-Kinesiology Hours (page 2)

Anatomy & Physiology: Level 2: 100 hrs minimum Level 3: 150 hrs minimum

Course	Institution	Location	Month/year	Hours	Office Use
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
Total Anatomy and Physiology Hrs					_____

Nutritional Studies: Level 2: 40 hrs minimum Level 3: 40 hrs minimum

Course	Institution	Location	Month/year	Hours	Office Use
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
Total Nutrition Hrs					_____



EnKA Certified EnK Practitioner Application Form

Level 2 & 3 Application Continued

Communication Interaction Studies: Level 2: 40 hrs min Level 3: 40 hrs min

Course	Institution	Location	Month/year	Hours	Office Use
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
Total Communication Interaction Hrs					_____

Business Management: Level 2: 40 hrs min Level 3: 40 hrs min

Course	Institution	Location	Month/year	Hours	Office Use
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
Total Business Hrs					_____

Ethics Courses: Level 2: 16 hrs total min Level 3: 4 additional hours min

Course	Instructor	Location	Month/year	Hours	Office Use
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
Total Ethics Hrs					_____
Total Non-EnK Hrs					_____

First Aid and CPR: Levels 2 & 3 require a minimum of a current Adult First Aid and CPR Certificate: Expiration Date _____

Optional Repeat Courses & Conferences

Optional Course Repeats: Level 2: not to exceed 100 hrs Level 3: Not to exceed 200 hrs

Course	Instructor	Location	Month/year	Hours	Office Use
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
Total Optional Course Hrs					_____

Optional EnK Conferences: Level 2: maximum 50 hrs Level 3: maximum 100 hrs

Course	Instructor	Location	Month/year	Hours	Office Use
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
Total Conference Hrs					_____

***Please provide your documentation in the same order as you have listed above.
Staple or paper clip each segment of documentation together separately.***



EnKA Certified Practitioner Application Form

Personal / Payment Information

Personal Information

Date of Application: _____ Date of Birth: ____/____/____
Name: _____ Business name: _____
Address: _____

State: _____ Zip code: _____
Telephone: (____) _____ Cell: (____) _____
E-mail: _____ Fax: (____) _____

Payment Information

Method of payment for Administration Application Fee (and Professional Membership if necessary):

Payment by Check: # _____ (payable to EnKA) Amount of Payment: \$ _____
Payment by credit card: Visa MasterCard Bankcard (please check)
Name on card: _____ Expiration Date: ____/____ Zip Code _____
Card number: _____ 3 digits on back _____
Signature: _____ Date: _____

Payment Items

Professional EnKA Membership Dues- \$100. (Check only if NOT already a Professional Member)
CEnKP Level 1 Application: \$50
CEnKP Level 2 Application: \$100
CEnKP Level 3 Application: \$150
Total: \$ _____

Level 1 Applicants: Be sure to enclose completed pages 4, 8, and 9 with all your documentation.

Level 2 & 3 Applicants: Be sure to enclose completed pages 5- 9 with all your documentation.

Make a copy of each completed page of this application and save it for your records and your next Level of application.

Once your application has been processed and approved, the CEnKP-AB will notify you of your success by sending your new CEnKP Certificate. This certificate will only be good until your Membership Anniversary Date. The EnKA VP Membership will forward a letter regarding your new membership status and when that fee is due. Thereafter, all CEnKP certificates will be good for one year.



EnKA Certified Practitioner Application Form

Enclosure Check Boxes & Agreement Statement

- | | | Yes | No |
|--|--------------------------|--------------------------|--------------------------|
| I have enclosed completed pages 4, 8, and 9 for my Level 1 Application. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| I have enclosed photocopies of ALL Level 1 documentation. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| I have enclosed completed pages 5- 9 for my Level 2 Application. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| I have enclosed photocopies of ALL Level 2 required EnK hrs | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| I have enclosed photocopies of ALL Level 2 required Non-EnK hrs | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| I have enclosed photocopies of ALL Level 2 optional course hrs | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| I have enclosed completed pages 5- 9 for my Level 3 Application. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| I have enclosed photocopies of ALL Level 3 required EnK hrs | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| I have enclosed photocopies of ALL Level 3 required Non-EnK hrs | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| I have enclosed photocopies of ALL Level 3 optional course hrs | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <i>Some of my documentation is missing.</i> What is missing? What explanation for the missing documentation do you wish us to consider in order to finish processing your application? (See pg 3) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

- I have completed my personal and payment information.
- I have enclosed a check in payment to EnKA

Please read the following carefully and sign below:

I understand and agree to abide by the Energy Kinesiology Association Practitioner Code of Ethics. I understand I must keep my membership in the Energy Kinesiology Association current and provide documentation of 50 hours of Continuing Ed every 2 years in order to keep my Professional Certification Level . I understand that all information I have submitted shall be kept confidential. I hereby certify that all the information submitted in this application to be true and correct to the best of my knowledge.

Signature: _____ Date: _____